



CSPS NEWS

THE NEWSLETTER OF THE CANADIAN SOCIETY OF PLASTIC SURGEONS

Vol. 22, No. 3

Fall 2011



*Patricia Bortoluzzi, MD,
FRCSC*

2011 HAS BEEN a memorable year for the Canadian Society of Plastic Surgeons and Canadian plastic surgeons at large, as we continued to forge our identity on both national and international fronts. **IPRAS 2011 Vancouver**

After planting a seed more than 6 years ago, and with sus-

Message from the President

tained diligent negotiation and planning, the CSPS proudly hosted the 16th international congress of IPRAS 2011. More than 1300 delegates from 82 countries, including 475 Canadians, in a scientific basin, set in the impressive backdrop of Vancouver's majestic mountain ranges and pacific ocean, made for an exceptional event. Congratulations to the organizing committee, Drs. **Don Lalonde, Peter Neligan, Ronald Zuker, Richard Warren, Gordon Wilkes and Jean Paul Bossé**, and Ms Karyn Wagner, for putting together the best world platform in plastic surgery and graciously representing the our Society. Their efforts culminated in a first rate, well organized and profitable world class conference.

Canadian Journal of Plastic Surgery

The CSPS took another step in asserting its identity in 2011 by officially transferring ownership of the Canadian Journal of Plastic Surgery from Pulsus Group to the CSPS. We would like thank Drs **Peter Wyshnyski** and **John Taylor** for their relentless belief and support of the journal, as they become Editors Emeritus. Beginning June 2011, Dr. **Don Lalonde** has assumed the role of chair of the Journal Committee, Dr **Ed Buchel** editor in chief, and Drs **Danny Peters** and **Doug McKay** co-editors. With the engagement of the membership of the CSPS and this new team's master plan, the

*Please see President 's Message
page 4*

Contributed by John Taylor MD, FRCSC, (Mississauga)

In memoriam Dr. Leith Douglas (1934-2011)



Dr. Leith Douglas was born on Prince Edward Island and educated at Prince of Wales College and Dalhousie University, graduating in Medicine in 1962. He trained in plastic surgery at the University of

Toronto and took further training in Uppsala, Sweden, Vienna, Austria and East Grinstead, England. In Sweden he participated in editing Dr. Tord Skoog's 1974 book "Plastic Surgery". Dr. Douglas practiced at the Wellesley Hospital in Toronto with Dr. A. Ross Tilley, Dr. W. (Bill) R.N. Lindsay and Dr. Walter Peters.

He introduced to Toronto many of Dr. Skoog's procedures, particularly the Skoog reduction mammoplasty. He practiced burn surgery at the Tilley Burn Unit before it moved to Sunnybrook Hospital. He treated and knew personally the burned airmen known as "Guinea Pigs," and kept in touch with them

over a lifetime. He was Medical Liaison Officer of the Canadian Wing of the Guinea Pigs and team plastic surgeon for the Toronto Maple Leafs for 36 years.

In 1983, Dr. Douglas wrote and edited the History of the Canadian Society of Plastic Surgeons, which is currently being updated by the Society under the leadership of Dr. Dale Birdsell and Dr. Bryan Callaghan.

Having served from 1985 to 1988 as Secretary-Treasurer and in 1988-89 as Vice-President, Dr. Douglas became president of the Canadian Society of Plastic Surgeons in 1989 in Moncton, New Brunswick.

He was on the board of the Dr. A. Ross Tilley Scholarship Foundation.

Dr. Douglas's colleagues and the Canadian Society of Plastic Surgeons will greatly miss his dedication, commitment, leadership and sense of humour.

THE CANADIAN SOCIETY'S Annual Business meeting was held in Vancouver on Sunday, May 22, 2011. The members present discussed Society business and made decisions which will affect the Society at large.

Annual Business Meeting Highlights

Board of Directors

THE BOARD OF DIRECTORS was elected at the Annual Meeting of the CSPA in May in Vancouver: President, Dr. **Patricia Bortoluzzi** (Montréal); Vice President, Dr. **Douglas Ross** (London); Vice-President Elect and Secretary-Treasurer, Dr. **Bryan Callaghan** (Ottawa); Past President, Dr. **David Jewer** (St. John's); Historian, Dr. **Earl Campbell** (Calgary); Membership Committee Chair, Dr. **Patrick Harris** (Montréal); Director, Dr. **Bing Gan** (London); Director, Dr. **Scott Williamson** (Kelowna); and Public Relations Committee Chair, Dr. **Howard Clarke** (Toronto)

Completing the Board are: Local Arrangements Chair, Dr. **Dimitri Anastakis** (Toronto); Royal College Specialty Committee Chair, Dr. **Richard Warren** (Vancouver); Educational Foundation Delegates, Dr. **Gorman Louie** (Edmonton) and Dr. **Rob Harrop** (Calgary); Young Surgeons Committee Chair, Dr. **Raman Mahabir** (Temple, TX).

2011-2012 Nominating Committee : Drs. **Arianna Dal Cin** and **James Bain** (Hamilton) were selected to serve along with Past Presidents Drs. **David Jewer** (St. John's), Chair, **Justin Paletz** (Halifax), and **Achilleas Thoma** (Hamilton).

New Society Members accepted at this year's meeting are : **Active membership**: Drs. **Jamil Ahmad** (Mississauga, ON), **Alex Anzarut** (Duncan, BC), **Ronen Avram** (Hamilton, ON), **Gregory Borschel** (Toronto, ON), **Jean Paul Brutus** (Montréal, QC), **Yasser El-Sheikh** (Toronto, ON), **Jennifer Giuffre** (Winnipeg, MB), **Douglas McKay** (Kingston, ON), **Tony Papp** (Vancouver, BC), **Jennifer Prince** (Surrey, BC), **Karl Schwarz** (Montréal, QC), **Rodger Shortt** (Oakville, ON), **Laura Snell** (Toronto, ON), **Toni Zhong** (Toronto, ON); **Associate membership**: Drs. **Amr Arkoubi** (Saudi Arabia).

Honorary Membership was granted to Dr. **Bill Magee** (Norfolk, VA).

Junior Members added to the Society's Roster are: Drs. **Jessica Collins**, **Larisa Vartija**, **McMaster University**, Dr. **Frédéric Arsenault**, **Geneviève Landes**, **Université de Montréal**, Dr. **Tara Lynn Stewart**, **University of Alberta**.

Canadian Journal of Plastic Surgery: Approval was granted for the purchase of the Journal from the Pulsus Group by the CSPA.

Membership dues: were increased from \$450 to \$500 per year. The additional amount will be used to support the Canadian Journal of Plastic Surgery, newly acquired from the Pulsus Group by the Canadian Society of Plastic Surgeons.

By-Law Amendments: Amendments creating the Young Plastic Surgeons Committee and updating CSPA Board, Ethics Committee and Judicial Council By-Laws were adopted.

Future Annual Meetings: **2012:** Toronto, Ontario; **2013:** Calgary, Alberta; **2014:** Montréal, Québec.

Vancouver Prize Winners

AWARDS FOR excellent scientific presentations were made at the 2011 Annual Meeting in Vancouver.

Basic Science Prize

The Educational Foundation Award for the Best Basic Science Study was presented to Dr. **Bryan Chung** of the Dalhousie University training program under Dr. **Kenneth Wilson**. Dr. Chung's study was entitled *Examination of the Factor Structure of the Michigan Hand Questionnaire*. His co-author was **SF Morris**.

Clinical Study Award

The FM Woolhouse Award for the best clinical presentation by a resident was won by Dr. **Karen Cross** of the University of Toronto program under Dr. **Mitchell Brown** for her presentation entitled *Non-invasive Measurement of Edema in Burn Wounds over Time Utilizing Near Infrared Spectroscopy (NIRS)*. Dr. Cross's co-authors are **L Leonardi**, **M Sowa**, **J Fish**.

Best Poster

The Educational Foundation Award for the Best Poster Presentation was given to Dr. **Hana Farhang Khooe** of the Dalhousie University training program under Dr. **Kenneth Wilson**. Her award winning

poster was entitled *The Effectiveness of Teaching "Hole-in-One" Local Anesthetic Injection for Carpal Tunnel Surgery to Medical Students/Residents* and was co-authored by **D Lalonde**.

Epidemiology and Biostatistics Award

Recognition was given for the best presentation by a Resident in the area of Epidemiology and Biostatistics. The prize was awarded to Dr. **Jennifer Klok** from the University of Ottawa program headed by Dr. **Mary Jean Duncan**. Dr. Klok's presentation was entitled *Measuring Quality of Life and Patient Satisfaction After Facial paralysis: A Systematic Review of Patient Reported Outcome Measures*, co-authored with **AL Ho**, **A Scott**, **J Klok**, **A Pusic**, **N Van Laeken**.

Congratulations to newly certified plastic surgeons

IN 2011, the plastic surgery community welcomed 25 new colleagues. They are: Drs. **Hasan Hussain Alajmi**, **Amer Subhi B. AlKudmani**, **Abdullah Yahya Alshaikhi**, **Olubimpe Ayeni**, **Olivier Boa**, **Daniel Evan Borsuk**, **Annika Margaret Card**, **Amy Louise Chesney**, **Sabrina Cugno**, **Jayson Sidney Dool**, **Robin James Evans**, **Geneviève Gaudreau**, **Agnieszka Hassa**, **Marc G Jeschke**, **James Murray Craig Kennedy**, **Mary-Helen Mahoney**, **Amera Murabit**, **Omar Fouda Neel**, **Asif Pirani**, **Iris Rosenfeld**, **David Tsai Tsung Tang**, **Oren Tessler**, **Andrew Tung**, **Karen Wing-Yin Wong**, **Farrah Meng-Kay Yau**.

Fall 2011 Vol. 22, No. 3

CSPA NEWS

A publication of the Canadian Society of Plastic Surgeons.

Editor: **Karyn Wagner**

Deadline to submit for next issue:
April 1, 2012

1469 St. Joseph Blvd E., #4
Montreal, Quebec, H2J 1M6.

Tel : (514) 843-5415; Fax: (514) 843-7005
E-mail: csps_sccp@bellnet.ca

Report from the President 2010-2011

I WOULD LIKE to thank the Society for the opportunity to be your President for this past year, it has been an informative undertaking.

I would like to update you on matters of concern to the Society, some of which I reported on in 2010 and others that have developed since then.

Medicinal Leeches

After many emails and phone calls from Members of the Society, the manager of Health Canada's Special Access program, Ian McKay, met with Dr. Donald Lalonde in Ottawa in March. Mr. McKay has agreed to facilitate form processing until market approval for leeches is granted. To improve access time, Mr. McKay has agreed to have his staff fill out parts of forms that are missing, patient initials will not be required for initial leech requests and references will no longer be needed as Dr. Lalonde has provided references to support leech use.

A partially completed SAP form is available on the CSPS web site that can be printed by the requesting surgeon, who then only need fill in the demographics, sign the form and send it in. This form is available on our web site in the Member area. Leeches USA have agreed to assist, by phone, with any issues involving the acquisition of leeches (800-645-3569; 800-773-4673).

Delisting Breast Reduction Surgery in New Brunswick

In February 2011, the New Brunswick government informed physicians that it was considering delisting several previously insured services, as a cost saving measure. Several of these procedures are frequently performed by plastic surgeons and included breast reconstruction with implants and breast reduction surgery.

In our correspondence, the New Brunswick Health Minister, Madeline Dubé, stated that at no time had they considered delisting any type of breast reconstruction required following breast cancer surgery but she was noncommittal on breast reduction surgery. A number of emails and letters were sent to her office by Dr. Geoffrey Cook, the plastic surgery liaison for New Brunswick and myself quoting evidence for the health benefits to women following breast reduction surgery.

Although there has been no "official" response from the government, it appears they have unofficially dropped the idea of delisting breast reduction surgery for the present.

This cost saving approach by the New Brunswick government may be adopted by other provinces if it is not opposed.

Fortunately, we had well documented medical evidence to support the health benefits of breast reduction surgery. The government was directed to publications by Dr. Thoma, Dr. Kerrigan and others.

Dr. Geoff Cook, the section liaison for plastic surgery, wrote a brilliantly illustrated and informative letter to the New Brunswick government explaining the necessity and benefits of all of the plastic surgery procedures that had been proposed for delisting. Undoubtedly, the officials were not aware of these benefits prior to his letter. To date, none of these services have been dropped.

ALCL

In January 2011, the FDA published an advisory regarding an increased occurrence of ALCL in women with breast implants. There has been a great deal of correspondence regarding this development but there are still many unknowns regarding this disease.

Breast Reconstruction Awareness Day (BRA-Day)

Dr. Mitchell Brown has proposed the establishment of a National Breast Reconstruction Awareness Day, the purpose of which will be to promote awareness of and access to reconstructive breast surgery.

In this endeavour, he has formed a committee of representatives from various stake holders, including plastic surgeons, industry, speciality nurses and cancer support groups. This committee has had several discussions and have chosen October 19, 2011 as the inaugural BRA-Day. It is intended that on this day, coordinated activities will take place in all major centers across the country to promote awareness of breast reconstruction. It is hoped that this will eventually become an international event and already the idea has attracted interest in the US. Support has been provided by the CSPS.

Physicians' Personal Health Information

In March 2011, I received a letter from Dr. John E. Gray, Executive Director and Chief Executive Officer of CMPA, addressing Physicians' Personal Health Information. He hoped to begin a constructive dialogue with the Canadian Society of Plastic Surgeons regarding the complex subject of the collection, use and safeguarding of physicians' personal health information.

We are one of many organizations contacted, as he has written to many other medical societies. He has also written to each health ministry, medical regulatory authority (College), hospital association, hospital insurer and individual hospital in

the country.

This is a long letter explains the CMPA's position and their belief in the need for a systems-oriented approach to dealing with physicians' personal health information, one that considers the best available information and carefully weighs the risks involved. The CSPS will continue to follow developments as they are brought up by the CMPA. **ABPS**

I would like to congratulate Dr. Don Lalonde on his election to the Chair of the American Board of Plastic Surgery. Dr. Lalonde serves on several boards and continues to work tirelessly on matters of importance to our society. I would particularly like to thank him for his assistance with the access to leeches and his continued work on the journal acquisition.

Thank you!

Thank you to all the Members of the Board for their guidance and assistance over this past year. It has been a privilege and a pleasure to work with you; the many sober second thoughts have served us well. I would also like to thank Dr. Thoma and Dr. Hall-Findlay for their help with the ALCL issue.

A special thank you to Karyn Wagner, without whom our ship would have no navigator. Karyn and I joined the Society together in 1988 and five years ago when I was asked to be Secretary-Treasurer, I made her promise to stay with the Society until my term was completed. She understands our Society better than anyone and works diligently on our behalf.

Transfer to Senior member status

CSPS MEMBERS WHO have reached their sixtieth birthday are eligible to request transfer to Senior Member status.

Society By-Laws define Senior Members as: "...Active Members who, on attaining their 60th birthday, may apply in writing to transfer to this category. They shall retain a vote, but may not hold office. They will not pay annual dues, but will pay convention subscription on attendance. Sick or disabled members may also apply for transfer to this category."

Senior Associate Members "...shall be non-voting members and may not hold office. They will not pay annual dues, but will pay convention subscription upon attendance."

To request transfer please address a short note to CSPS/SCCP, 4-1469 St. Joseph Blvd. E., Montreal, QC H2J 1M6, Fax: 514-843-7005; csp_sccp@bellnet.ca.

President's Message, from page 1

future is bright for the CJPS as it becomes a stronger voice of plastic surgery in Canada.

BRA-Day

Also on the national front, October 19th, 2011 saw the inauguration of the first National Breast Reconstruction Awareness Day (BRA-Day), aiming to empower women who have been diagnosed with and treated for breast cancer. The CSPS was pleased to support this event, and congratulates Dr. **Mitchell Brown** for this initiative.

www.plasticsurgery.ca

Our new website is up and running, with a redesigned look and feel, and better functionality for both our members and the public at large. We would like to thank Dr. **Bing Gan** for his dedication to this project.

ALCL

Among other news the Food and Drug Administration (FDA) in the United States published a device safety communication on January 26, 2011 on the association of breast implants and anaplastic large cell lymphoma. A position statement of the CSPS elaborated by Dr. **Elizabeth Hall-Findlay** was issued stating that the condition, in which alk-negative cells were found in breast implant capsules, was rare (3/100,000,000), had a more indolent course, could be treated by implant and capsule removal, did not require prophylactic implant removal. While the FDA is compiling a patient registry, it still believes that the implants are safe. Admonishments to past or future patients are left to the discretion of individual surgeons.

RCPSC

On the Royal College front, the college is in the process of putting forth a program of Areas of Focused Competence whereby a subspecialty can obtain Royal College recognition and certification via a Committee on Specialties. The concerns are significant, as diplomas may be sought in competencies that overlap with our own and cause potential harm to the plastic surgery specialty. A dispute resolution mechanism has been put in place, however, there is no provision for any veto power by any concerned specialty. In response to this, the Plastic Surgery Specialty Committee headed by Dr. **Richard Warren** has reviewed its objectives of training, and loudly voiced its concerns.

The Royal College is also involved in a new initiative called the Practice Eligibility Route (PER), which aims to assess competency standards for individuals who are already practising specialty medicine in Canada but are not certified by the Royal College. Concern was expressed by several members that this new procedure could undermine the traditional certification.

Manpower

Manpower issues continue to be addressed. The ministry of health in Ontario has established an academic chair to study this issue, and plastic surgery will be used as a case study. We look forward to their findings and are grateful to Dr **Achilles Thoma** for his implication with this challenge.

Medicinal leeches

Despite Dr Lalonde's best efforts, Health Canada has continued to classify leeches as a special access drug product until market approval can be granted. It has conceded to make the process easier, with decreased turn around time for authorization, forgive references for future forms, decrease the amount of information to be filled out. The SAP form is available on the CSPS website. It remains to be seen how the actual process will unfold.

Thank you

Finally, I sincerely would like to thank all the members of the Society, our past president Dave Jewer, and a special note of appreciation to Karyn Wagner for her tireless dedication to our Society.

CSPS 2012 Annual Meeting

We look forward to an exciting meeting from June 5-9, 2012 as Toronto hosts the 66th annual meeting of our Canadian Society of Plastic Surgeons.

CSPS 2012 Lifetime Achievement Award

THE NINTH ANNUAL CSPS Lifetime Achievement Award was shared by Dr. **Dale Birdsell** (Calgary) and Dr. **Lloyd Carlsen** (Toronto). It was presented at the President's dinner during the Society's 65th Annual Meeting in Vancouver.

Nominations for the 2012 Award will be accepted until January 15, 2012. In addition, candidates proposed for the current year's award will be carried over for consideration.

Description of the Award

Purpose

This award honors an established plastic surgeon who is a member of the Canadian Society of Plastic Surgeons and has made an outstanding contribution to the profession and to the CSPS.

The award will be made on the basis of teaching, research, innovation and service to the community or other endeavors.

Nominees for this annual award will be reviewed by the CSPS Nominating Committee.

Eligibility

Members in good standing of the CSPS for at least 20 years are eligible.

The Award

The Award consists of the waiver of registration fees for the Annual Meeting in the year in which the award is bestowed and a plaque given at the annual President's Banquet.

Nomination Procedure

The complete nomination consists of a letter from a member of the CSPS formally proposing the nominee and outlining the nominee's specific contributions to plastic surgery and to the Society accompanied by the nominee's curriculum vitae.

Send nominations to CSPS Secretariat, 1469 St. Joseph Blvd. E. #4, Montreal, QC H2J 1M6, Fax: 514-843-7005, csp_sccp@bellnet.ca, before January 15, 2012.

Membership application deadline

THE DEADLINE for submission of membership applications and letters of nomination to the Membership Committee is April 10, 2012.

New members are accepted into the Society upon a vote of the members present at the Annual Business Meeting. This meeting will take place on Friday, June 8, 2012 in Toronto, ON.

Application forms are available on the CSPS website (www.plasticsurgery.ca) and from the Society Secretariat CSPS/SCCP, 1469 St. Joseph Blvd. E. #4, Montreal, QC H2J 1M6, telephone: 514 - 843-5415; Fax: 514 - 843-7005; csp_sccp@bellnet.ca.

Visiting professor funding available

Visiting professor funding is available through the Educational Foundation of the CSPS.

The maximum amount per individual is Cdn\$1,500 to cover travel expenses, hotel accommodations and honorarium. Funds will be allocated with priority given to a professor visiting more than one center.

Application for funding may be made by contacting the Educational Foundation of the CSPS, 1469 St. Joseph Blvd. E. #4, Montreal, QC H2J 1M6 (Phone: 514-843-5415; Fax: 514 - 843-7005; e-mail: csp_sccp@bellnet.ca).